**QUARTERLY SYSTEM**

For the academies that provide the degree graduation every three months, the IBJJF suggests three white degrees for each belt. The fourth degree will be graduating the athlete to the next belt color according to the images below.

1st, 2nd, 3rd MONTHS

4th, 5th, 6th MONTHS

7th, 8th, 9th MONTHS

10th, 11th, 12th MONTHS

**TOTAL: 1 YEAR**

**GENERAL SYSTEM OF GRADUATION**

Degree system suggestion for practitioners between 4 to 15 years old
The IBJJF suggests that instructor promote one degree per month for White belts and Grey/White belts until the period of one year is complete.

**DEGREE SYSTEM FOR THE WHITE BELT AND THE GREY/WHITE BELT**

**GENERAL SYSTEM OF GRADUATION**

Degree system suggestion for practitioners between 4 to 15 years old